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# Reflexive Pronouns: Yourselves, Themselves, and Intensive Uses

Medium | A2 | Elementary | Pre-intermediate | Pronoun | English Grammar Basics

**1.** Choose the correct word to complete the wildlife documentary narration.

The two acrobatic squirrels built a tiny catapult to launch ____ directly into the "squirrel-proof" bird feeder.

*Select one.*

**A)** them
**B)** theirselves
**C)** themselves
**D)** itself

**2.** Select the grammatically correct word to finish the homeowner's proud (but misplaced) boast.

"I didn't need to hire a professional plumber! I fixed the leaking sink ____," Arthur proclaimed, right before the pipe burst and flooded his kitchen.

*Select one.*

**A)** me
**B)** myself
**C)** mine
**D)** itself

**3.** Help the food critic complete their disastrous restaurant review.

The head chef proudly came to our table and declared that he had caught the lobster _____. Unfortunately, while trying to show off his culinary skills, he then proceeded to accidentally burn _____ with the flambé torch.

*Choose the correct option for each gap.*

**Blank 1**

**A)** him
**B)** himself
**C)** hisself

**Blank 2**

**A)** him
**B)** himself
**C)** hisself

**4.** Complete the cooking instructor's frantic warning.

"Alright, class! Since there are twenty of you and only one of me, you will have to divide the remaining ingredients among ____," Chef Gordon yelled over the sound of burning butter.

*Select one.*

**A)** yourself
**B)** yourselves
**C)** themselves
**D)** you

**5.** Complete the escape room host's slightly menacing welcome speech.

"Welcome, team! You will have to solve these puzzles all by _____, as I won't be giving any hints over the radio. Oh, and if anyone gets scared and wants to leave early, just know that the exit door will lock _____ automatically."

*Choose the correct option for each gap.*

**Blank 1**

- **A)** yourselves
- **B)** yourself
- **C)** themselves
- **D)** you

**Blank 2**

- **A)** itself
- **B)** it
- **C)** its
- **D)** hisself

**6.** Complete the customer service complaint about a rebellious smart home device. Choose the correct word for each gap.

The new robot vacuum somehow managed to trap _____ in the bathroom by closing the door.

My husband and I found _____ apologizing to the family cat for the machine's aggressive behavior.

"If you want the floors clean," I angrily told the robot, "you'll have to do it _____!"

*Choose the correct option for each gap.*

**Blank 1**

- **A)** itself
- **B)** himself
- **C)** myself

**Blank 2**

- **A)** themselves
- **B)** ourselves
- **C)** yourselves

**Blank 3**

- **A)** myself
- **B)** yourself
- **C)** itself

**7.** Fill in the blanks in this text message exchange between two exhausted roommates.

**Roommate A:** "I can't believe the instructions say we should build this massive wardrobe _____. It weighs a ton and has a thousand screws!"

**Roommate B:** "Right? Even the professional movers looked like they were going to hurt _____ carrying it up the stairs."

*Choose the correct option for each gap.*

**Blank 1**

- **A)** ourselves
- **B)** us
- **C)** ourself

**Blank 2**

- **A)** themselves
- **B)** them
- **C)** theirselves

**8.** Help the food critic complete their review of Chef Leo's disastrous new restaurant. Choose the correct pronoun to finish each sentence.

Chef Leo accidentally burned _____ while trying to flambé a dessert at our table.

The waitstaff were so embarrassed by the shouting that they hid _____ in the kitchen pantry.

Eventually, I had to pour the expensive wine _____ because no one else was around to serve us!

*Choose the correct option for each gap.*

**Blank 1**

- **A)** herself
- **B)** himself
- **C)** itself

**Blank 2**

- **A)** ourselves
- **B)** themselves
- **C)** yourselves

**Blank 3**

- **A)** himself
- **B)** myself
- **C)** yourself

**9.** Review the detective's case notes from the great diamond heist. Select ALL the sentences where the reflexive pronoun is used grammatically correctly.

*Select all that apply.*

- **A)** The suspect locked himself inside the bank vault by accident.
- **B)** The fleeing thief took the stolen diamonds with himself.
- **C)** The mayor herself provided an ironclad alibi for the prime suspect.
- **D)** The frightened witnesses saw the getaway car and hid ourself behind a mailbox.
- **E)** The criminal mastermind planned the entire operation by himself.

**10.** Check the spaceship Captain's log for grammatical accuracy before it gets transmitted to Earth. Choose ALL the sentences that use correct reflexive pronouns.

*Select all that apply.*

- **A)** "Crew, you must prepare yourselves for hyper-sleep," the captain announced.
- **B)** The sneaky aliens disguised theirselves as vending machines.
- **C)** The ship's artificial intelligence finally taught itself how to tell knock-knock jokes.
- **D)** We need to protect ourself from the incoming asteroid shower!
- **E)** The engineers prided themselves on fixing the warp drive with nothing but duct tape.

**11.** Help the culinary student review their latest cooking blog post. Select ALL the sentences that correctly use reflexive pronouns.

*Select all that apply.*

- **A)** I accidentally burned myself on the hot oven rack.
- **B)** The head chef himself told me my soufflé was a masterpiece!
- **C)** Please send your recipe feedback to the kitchen manager or myself.
- **D)** My sous-chef and myself will be preparing the appetizer tonight.
- **E)** I managed to clean the entire kitchen disaster zone by myself.

**12.** Finish the park ranger's amusing log entry about some overly confident tourists. Match each blank with the appropriate word.

The tourists insisted on building the massive eight-person tent by _____, refusing any of my offers to help.

Sarah, the group leader, proudly declared she had chopped all the firewood _____.

"Did you guys pack the snacks _____, or did you forget those too?" I asked them with a smile.

*Choose the correct option for each gap.*

**Blank 1**

- **A)** ourselves
- **B)** themselves
- **C)** yourselves

**Blank 2**

- **A)** herself
- **B)** himself
- **C)** myself

**Blank 3**

- **A)** themselves
- **B)** yourselves
- **C)** ourselves